

## Sandwiches

Our sandwiches are made fresh throughout the day in each shop's kitchen. Enjoy our fresh, healthy ingredients between Pret's Granary bread. Most of our sandwiches come half sized 'Slim' style. Perfect for pairing with a soup.

Balsamic Chicken & Avocado  
California Club  
Chicken & Bacon  
Chicken, Apple & Cranberry  
Chicken, Sweet Chili & Cilantro  
Hummus & Garden Veggies  
Pret's Classic Cheddar & Tomato  
Pret's Egg Salad & Arugula  
Pret's Perfect Ham and Cheddar  
Tuna Salad



## Baguettes

Fresh, crispy, authentic French baguettes baked each morning then filled with our all natural ingredients. All of our baguettes are available half sized 'slim.' Ideal for mix and matching.

Chicken & Mozzarella  
Pret's Famous Ham & Cheese  
Pret's Vietnamese  
Roasted Turkey & Cheddar  
Roast Beef & Parmesan

## Breakfast

Cream Cheese, Tomato & Basil Baguette  
Egg & Bacon Baguette  
Egg & Roasted Tomato Baguette  
Energy Bagel  
Organic Steel-cut Oatmeal

## Toasties

Sandwiches grilled to perfection in about a minute to create a crispy, gooey, mouth-watering masterpiece. Real hot food, really fast.

Egg Florentine  
Ham, Cheese & Mustard  
Mozzarella & Pesto



## Wraps

Our fresh natural ingredients wrapped in a low calorie all Natural tortilla.

Avocado & Pine Nut Cold Wrap  
Spicy Shrimp & Cilantro Cold Wrap  
BBQ Pulled Pork Hot Wrap  
Buffalo Chicken Hot Wrap  
Falafel & Red Peppers Hot Wrap

## Salad

Our salads are freshly made using Earthbound Farm Organic romaine lettuce and baby leaf blends (like a luxury cruise, nothing ruins a salad more than running into a bunch of icebergs).

Chicken & Avocado Salad  
Chicken Caesar Salad  
Farmer's Market Salad  
Harvest Salad  
Pret's Cobb & Greens Salad  
Tuna Nicoise Salad  
Winter Quinoa Salad

## Salad Pots

Lentil & Couscous Salad  
Apple Quinoa Parfait

## Soup

Rich stocks. Wholesome ingredients. Never frozen. You probably could live on Pret soup alone, but we'll send a fresh-baked roll along anyway. You know, just in case. Your local Pret offers a selection of the following soups daily. Available in three different sizes, Small, Medium & Large.



Bean & Bacon Stew  
Butternut Squash & Apple  
Chicken Noodle  
Grilled Chicken & Corn Chowder  
Italian Wedding  
Mediterranean Lentil  
Miso Soup  
New England Clam Chowder  
Porcini Mushroom Risotto  
Potato & Leek  
Pret's Goulash  
Pret's Hearty Turkey Chili  
Tomato & Feat  
Yellow Split Pea

## Salad Dressing

Our range of all natural salad dressings are the perfect accompaniment to your freshly prepared salad.

Balsamic Dressing  
Buttermilk Ranch  
Caesar Dressing  
Classic Vinaigrette Dressing  
Lemon Shallot Dressing  
Wild Berry



## Cookies & Treats

Of course you deserve a yummy treat. And your body deserves fresh, additive-free and preservative-free ingredients.

Brownie  
Mini Brownie  
Love Bar  
Love Bite  
Fruit & Oat Bar  
Raspberry Bar  
Chocolate Chunk Cookie  
Coco-nut Cookie  
Harvest Cookie



## Croissants & Pastries

Baked to flaky perfection in our shops every morning.

Almond Croissant  
Ham & Cheese Croissant  
Pain au Chocolat  
Plain Croissant



## Juices & Teas

Fresh, sweet fruit juices and teas. Our Pret Pures are sparkling, natural fruit juices with no added sugar.

Apple & Cranberry Juice  
Grapefruit Juice  
Orange Juice  
Iced Black Tea with Red Fruits  
Iced Green Tea  
Lemonade  
Strawberry Lemonade  
Pure Pret Ginger Beer  
Pure Pret Orange Soda  
Pure Pret Yoga Bunny

## Fresh Fruit

A fresh, seasonal selection of earth's perfect dessert. We have nothing to add.

Posh Fruit Salad Pot  
Grape Pot

## Pret Yogurt Pots

Banana & Honey  
Little Cup of Goodness  
Michigan Blueberry & Granola  
Yoga Bunny

## Chips

A tasty accompaniment or delicious snack, Pret's potato chips are free from nasties and all natural too!

BBQ  
Salt & Vinegar  
Sea Salt  
Organic Popcorn

## Muffins

Blueberry  
Cranberry  
Morning Glory

## Holiday Specials

Pret's Holiday Lunch  
Brie & Cranberry Baguette  
Holiday Toastie  
Ginger Cookie

